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New Kate Sessions Birthday Celebration in Balboa Park Invites Tree Lovers to 'Plant It Forward'

Plant It Forward: November 9, 10am-1pm, Morley Field

SAN DIEGO — October 29, 2019 — The Balboa Park Conservancy encourages San Diego families and tree lovers of all ages to help us **Plant It Forward** at a new annual event in honor of Kate Sessions's birthday and Balboa Park's vital urban forest on Saturday, November 9, 10am to 1pm.

The family-friendly celebration in Morley Field at Jacaranda Place is the perfect opportunity to take a guided tree tour, dig into the park's horticultural history, learn about the important role trees play in preventing climate change, watch tree-planting demonstrations, make sunprints, and enjoy live bluegrass music and gourmet food truck fare under the park's forest canopy.

Kate Sessions (born Nov. 8, 1857) is traditionally recognized as "the Mother of Balboa Park" and one of the park's key founding figures. As a horticulturalist and landscape architect, she is credited for planting hundreds of trees and flowering plants throughout the park during the late 19th and early 20th centuries, many of which still thrive today. This new event in her honor continues her remarkable legacy of "planting it forward" by advancing the park's reforestation efforts and providing hands-on learning opportunities for tree lovers of all ages.

The day's activities include a free opportunity for anyone who <u>signs up in advance</u> to don some gloves and help us plant new trees in the Morley Field area of the park. Girl Scout troops are also invited to <u>sign up</u> for a tree-planting badge opportunity led by our team of trained volunteer Tree Stewards. Our event partners from SDG&E, Tree San Diego, and the San Diego Floral Association will be on hand with horticultural-themed booths.

Plant It Forward is presented by the Balboa Park Conservancy in partnership with the City of San Diego Department of Parks and Recreation and is generously sponsored by SDG&E, California ReLeaf, and the City of San Diego Commission for Arts and Culture. We are grateful for the participation of CAL FIRE, Urban Corps of San Diego, Girl Scouts of the USA, Tree San Diego, and San Diego Floral Association.

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